

WE'RE SO GLAD GOD HAS A  
PURPOSE FOR OUR LIFE TOGETHER



# A Time to BE PURE

## Controlling Youthful Passions

### I. Boy-Girl Relationships

Boys often think about girls. Girls often think about boys. Whenever young people are together, behind much of their talk and teasing and play is the interest of boys and girls in each other.

The interest among young people in sexual matters is very high. There is also a lot of misunderstanding about sexuality. Many young people have never talked with their parents or some other understanding adult about sexual matters. All they have ever heard from adults, if they have heard anything, is "No, don't do it" or "Don't get pregnant."

That is good advice to unmarried young people, but it leaves a lot of unanswered questions.

Nancy's parents never talked openly with her about sex and sexuality. She got the impression from her parents that sex was dirty. When she was a teenager her mother warned her often not to get pregnant, but she never talked to her about her sexuality.

After Nancy and Tom had been married for two years they began to have a lot of arguments. They both wanted to make their marriage work, so they went to a Christian marriage counsellor for help.

The counsellor found that they did not get along very well in their physical relationship. Nancy had never liked sexual intercourse. She seemed afraid of Tom. Tom thought she was cold and often got angry at her.

As they talked, Nancy began to see that her fears and hang-ups from her younger years were a barrier keeping her from enjoying sexual intercourse with her husband. With the help of the counsellor and her husband, Nancy was able to change. Now Tom and Nancy have a much happier marriage.

### God Made Us Different

Every person is either male or female. Some adults are women and some are men.

This sounds like a simple thing to say, but it really is important.

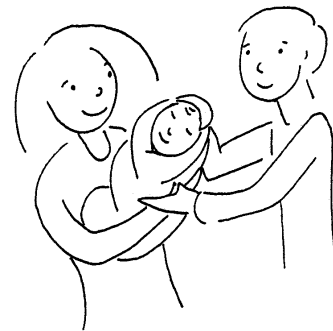
The first chapter in the Bible, the story of Creation, says, "God created man in His own image, in the image of God He created him; male and female He created them" (Genesis 1:27).

The very next verse says that God blessed them and told them to "Be fruitful and multiply; fill the earth and subdue it" (Genesis 1:28).

After God had created man and woman as male and female and told them to be fruitful, the Bible says that God looked back on what He had made. He saw that it was "very good."

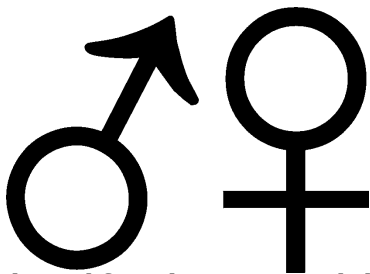
### Sexuality and Fertility are Good

God purposely made people sexual, male and female. Sexuality means more than just going to bed together. It includes the way a person thinks and feels about things in life. Male persons and female persons think and feel very differently from each other.



In the first chapter of Genesis, God commanded the first man and woman to be fruitful. That meant God wanted them to have babies and fill the earth with people. Another word that is sometimes used to describe this is *fertility*. When talking about men and women, fertility is the power to produce children. Fertility, as a part of our sexuality, is given by God and is good.

When Jesus came to earth, He talked about sexuality. He agreed with what His Father in Heaven had done in the beginning. In Matthew 19:4-6, Jesus reminded his listeners that God made man and woman sexual and that marriage,



"...male and female He created them."

including the sexual union, is very good in God's eyes.

It is clearly stated in the Bible that sexuality is a good thing. God created men and women fertile as sexual beings and called it "very good."

Anna left home while she was still a teenager. She was bored with life in the bush and wanted to see the world. She went to parties a lot, drank a lot and went with quite a few young men. She lived with Tony for a while and had a baby with him. She and Tony were out drinking so much that they neglected the baby. Children's Aid took the baby to put in a foster home.

Anna left Tony shortly after that and went to live with Peter. Anna got pregnant again but lost the baby with a miscarriage after four months. She was so upset emotionally after this happened that she left Peter and went back home. After a few months at home, Anna became a Christian through the witness of a friend.

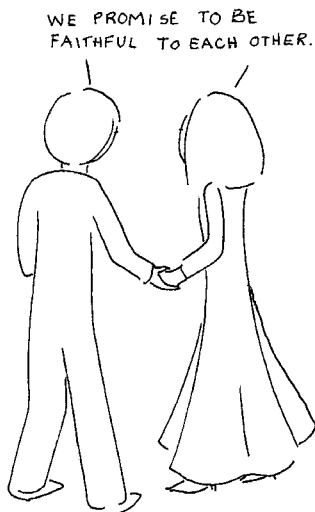
Anna enjoyed her new life in Christ, but it took her many months to get over the emotional scars from the past. After a while, a Christian man she had met asked her to marry him. Anna said no. She had so many fears of men and hurts from the children she had lost that she did not think she could handle that kind of relationship. A Christian friend talked to Anna about sexuality and showed her that it was a gift from God. She told Anna that in Jesus' eyes she was made a new creation and was pure again.

When the Christian man asked Anna a second time to marry him, she agreed. Anna now has a loving husband and three children. She is very thankful to God that He gave her a second chance to truly enjoy her sexuality and fertility.

### Sexuality Can Be Used Wrongly

Sexuality is a very powerful part of life. Because it is so powerful it can be very good or very bad. There is much horror and tragedy in the world associated with sexuality. Violence, rape, unwanted babies, sexually transmitted diseases and mixed-up feelings come from sexuality gone wrong.

Because sexuality is so powerful, God gave direction on how to use it in the right way. He also gave warnings about using it in wrong ways.



### The Human Body: God's Temple

God has put a high value on the human body. He created it and said it was very good. In one place where God talks about sexual immorality, He calls the body "a temple of the Holy Spirit" (1 Corinthians 6:19).

Within marriage, God gives very clear direction about sexual desires. *"The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife. Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control"* (1 Corinthians 7:4-5 NIV).

### II. The Bible Speaks About Sexual Activity

Sexuality was God's idea for man and woman. It is good and made to be enjoyed. But God gives us instructions along with it. The full expression of human sexuality is to be kept for marriage.



### Old Testament Rules

We know that God still agrees with whatever was said in the Old Testament about sex before marriage. He is "the same yesterday, today, and forever."

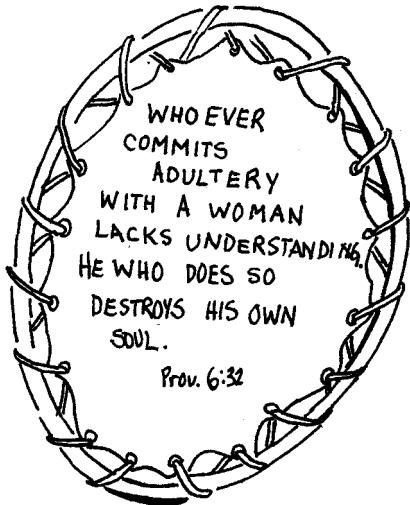
God gave some very strong laws in the Old Testament about wrong sexual conduct. *"If a man is found lying with a woman married to a husband, then both of them shall die, both the man that lay with the woman, and the woman; so you shall put away the evil person from Israel"* (Deuteronomy 22:22).

Even after the wedding, a man could accuse his wife before the elders of the city if he found that she had slept with another man before their wedding. *"But if the thing is true, and evidences of virginity are not found for the young woman, then they shall bring out the young woman to the door of her father's house, and the men of her city shall stone her to death with stones because she has done a disgraceful thing in Israel, to play the harlot in her father's house; so you shall put away the evil person from among you"* (Deuteronomy 22:20-21).

If it was found that a couple were sleeping together before marriage, the Old Testament law said that they should get married right away. *"If a man finds a young woman who is a virgin, who is not betrothed, and he seizes her and lies with her, and they are found out, then the man who lay with her shall give to the young woman's father fifty shekels of silver, and she shall be his wife because he has humbled her; he shall not be permitted to divorce her all his days"* (Deuteronomy 22:28-29).

God's very first statement about marriage, "Therefore a man shall leave his father and his mother and be joined to his wife, and they shall become one flesh" (Genesis 2:24), shows that sexual relations are only for within marriage. This statement is repeated twice in the New Testament, in Matthew 19:5 and Ephesians 5:31.

The teaching all the way through the Bible is clear: sexual intercourse is to be saved for marriage.



### New Testament Instructions

When the apostle Paul wrote to the New Testament churches, he was very clear. "It is God's will that you should be holy; that you should avoid sexual immorality; that each of you should learn to control his own body in a way that is honorable, not in passionate lust like the heathen who do not know God" (1 Thessalonians 4:3-5 NIV). To another church he wrote, "But if they cannot control themselves, they should marry, for it is better to marry than to burn with passion" (1 Corinthians 7:9 NIV).

In another place Paul wrote, "Flee from sexual immorality. All other sins a man commits are outside his own body, but he who sins sexually sins against his own body" (1 Corinthians 6:18 NIV).

It is very clear that sexual relations outside of marriage, including sex before marriage, are against God's will.

### Purity is for Men Too

In Proverbs 7 is a very detailed description of a young man who gives in to his sexual lusts and goes to visit a prostitute. The writer says that this young man is like an ox going to be killed or like a bird flying into a net.

He finishes by saying, "Do not let your heart turn aside to her ways, do not stray into her paths; for she has cast down many wounded, and all who were slain by her were strong men. Her house is the way to hell, descending to the chambers of death" (Proverbs 7:25-27).

For a young man, giving in to sexual passion outside of marriage is very dangerous.

Many young men think that they can get away with sexual activity before marriage. After all, they do not have the babies. The girls get caught, but the young men come and go as they please. They forget that some of the loneliest people in the world are the old men on the streets who had their "fun" when they were young. But now they are all

alone. A man who lives immorally when he is young will pay dearly for it when he is older.

People often think it is all right for young men to be sexually active before marriage but that it is wrong for young women. This is not God's will. God is just as concerned about young men keeping sexually pure as he is for young women.



The following stories show that a young person reaps what he/she sows.

Samson was a man marked by God to do great things. He did some great works in freeing the Israelites from the power of the Philistines.

However, Samson had trouble all his life keeping his sexual desires under control. He did not keep his eyes and hands off the Philistine women, even though he knew that God did not approve of relationships with these women.

Early in his life, he asked his parents to get a young Philistine woman for his wife. That did not turn out very well. Then he began visiting Philistine prostitutes.

Finally Samson began living with a Philistine woman named Delilah. She brought great suffering into his life. Through her trickery, Samson was captured, had his eyes put out and was sent to slave labour in a Philistine prison. He finally died, along with many Philistines, when he pushed down the temple where the rulers were having a big party. It was a sad ending for a man who had done great things for God but did not control his sexual desires.

Joseph, son of Jacob, is an example of a young man who controlled his sexual desires.

Joseph was sold as a slave by his brothers. He ended up in Egypt. There he worked for a wealthy man. Because he proved himself to be an honest and hardworking young man, his master soon put him in charge of the whole house.

Joseph was a good-looking young man, and the master's wife took a liking to him. She tried to get him to sleep with her. Joseph refused and ran away from her. This made her angry. She lied about Joseph and his master put him in prison.

Joseph remained faithful to God even in prison. After several years he was freed. Through a miraculous change of circumstances, he became the second most important ruler in all Egypt, next to the king.

Joseph had been obedient to God. Among other things, he kept himself sexually pure. God was pleased with him and gave him great rewards.

### III. Why Virginity is Smart

This is a letter from a girl who tried all the so-called thrills of life—booze, sex and drugs—and ended up in jail. Her children were taken away, and there was no man to take care of her.

*"I wish somebody here knew how I really feel deep inside. I'm scared I might never see my children again. How I wish I could see them just once. They are all I have now.*

*"I just stay in my room here most of the time. It seems so hard to even think straight. I feel like I'm going crazy. I keep having bad dreams about the children's father. It scares me. I can't seem to get him out of my mind. There were a lot of other men, but he's the one that seems to stay in my mind. I don't even know where he is.*

*"Maybe some day I'll find someone who really cares about me. How I wish I had thought of these things when I was fifteen, the sadness, the loneliness and sorrow of the kind of life I've lived. I was hungry for love then and wanted to taste everything too fast. But now there's nothing left.*

*"How I wish I could tell young girls this. It seems scary to say 'No' to him now. He might leave and that seems like a big hurt. But there is a much greater pain if you say 'Yes' and then he tires of you and says you're not the kind of girl he wants to marry. You might not want to believe me now, but it is true.*

*"A man who really loves you will not ask for your body first. He will want to marry you and care for you. He will see the beauty of your purity, and he will handle it with care. Waiting may seem hard now, but don't sell yourself cheap. I wish I had known that long ago.*

*"Right now there is only One who keeps me from going off the deep end. That is Jesus Christ. I'm scarred and broken, but not in Jesus' eyes. He sees me as a fresh, young girl newly created in Him. His love carries me. His love gives me strength to face each morning. Learn love from Jesus. Don't learn it running the trails or shacking up. That kind of love is a lie. It's not real.*

*"How I wish someone had made me see that years ago. It would have made life so much better.  
With love, Mary Ann."*



"Everybody's doing it so why don't I," many young people say to themselves. "All the popular teens are into it. The boys do not care about girls who will not give them their bodies. They like only the girls who will sleep with them. Sleeping with each other is

what everybody wants."

But stop! Is that the truth? Is that really what sexuality is all about?

It is natural and normal for boys to be attracted to girls and for girls to be attracted to boys. It is natural and normal to love someone and want love in return.

If this is true, then the next question is, "If we really love each other, what is wrong with sleeping together?"

That is a straight question. Here is a straight answer. **Sexual activity before marriage is wrong; besides, it is not worth it.**

Harry never settled down in his early years. He went with a lot of girls, almost any girl who would go with him. He often went to the prostitutes. To him sex was just a big game.

But after he was in his thirties he found that it was not as easy to attract girls any more. He was spending a lot more time in heavy drinking and more time by himself.

By the time he was forty he was an alcoholic living on the streets. He often did not have a place to sleep at night. Only the emergency shelter saved him from freezing on cold winter nights.

Harry, who had once boasted about having slept with most of the girls in town, now had no home and no one to share his loneliness.

### Sex Does Not Lead to Love

It is a big mistake when young women try to gain love or hold onto love by giving their bodies. Real love may lead to marriage and sexual oneness, but **sexual intercourse does not lead to real love.**

What happens if a couple who have been sleeping together marry each other? A wedding is supposed to be a big moment, the most thrilling day of their lives. Will it be that for them?

Probably not. They already have slept together, so there is nothing new to look forward to. They will have to put on a show to a lot of people to make them think that they are excited about this "new" relationship.

This is part of a letter from a young girl who ran away from home to live with a boyfriend. She wrote it to a Christian friend who had often helped her in the past.

*"...Yeah, Tom and me are still living here in R--, but I don't think for much longer. We have a lot of arguments. We had a bad one last night. We stayed mad at each other the whole night. I told him that I was going to leave for good.*

*"I got off the bed and put my clothes on. He started to yell at me. He said, 'Don't you leave, or I'll beat you right here and now.' He slapped me across the face.*

*"I started to cry and said, 'Just let me leave you. Leave me alone.'*

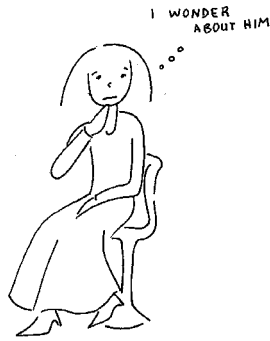
*"He said, 'I love you, and I don't want to hurt you. I just don't want you to leave me.'*

*"I said, 'I love you too, but I just can't handle these arguments. So I've got to leave.'*

*"Well, I did leave. But I went back today to get some of my clothes. He persuaded me to stay, and I guess I'll stay tonight. I don't know where else to go..."*

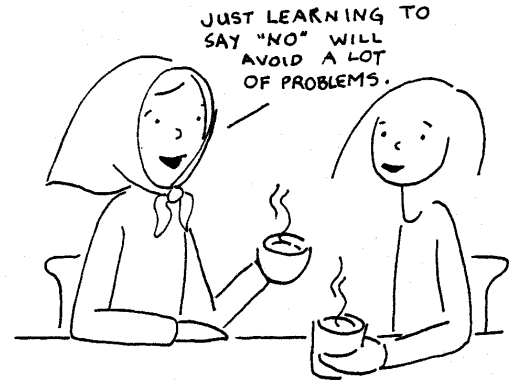
This girl is in a trap with little chance of finding any real love there.

Even after marriage, there will continue to be problems. If the couple has slept together before marriage, they have opened the way to doubt and distrust. The man will think, "If she slept with me, I wonder who else she slept with." The woman will think the same thoughts about the man. These thoughts often cause jealousy and other bad feelings, even after years of marriage. They may cause the marriage to break up.



Marriage is for life. God wants husbands and wives to enjoy each other for the rest of their lives on earth. Those who have been fooling around with sexual intercourse before marriage will find it harder to experience God's best for the sexual relationship after marriage.

Only a healing miracle of God can change things for those who have lived a loose sexual life before marriage. If they repent, God, through His grace, makes them virgins again in His eyes.



### The Damage of Pre-Marital Sex

There are many ways that sex outside of marriage causes damage. Sometimes this damage is irreversible.

**1. Damaged Self-Esteem.** When a girl is hungry for love, she sometimes mistakes a boy's sexual desire for the love she wants and gives herself to him. Then the sadness follows. Often the boy does not really love her. He just wants sexual activity, and she can give it to him. He uses her to get what he wants. After a while he gets tired of her and throws her away like an old worn jacket. She has lost her value to him.

She now has nowhere to go to look for love except to another boy who wants sex. He uses her and leaves her in the same way. She sees herself as worthless in her own eyes and in other people's eyes.

For young men too, there is a penalty. A young man who fathers a child and then is not with that child in its growing up years senses a loss. He misses the admiration and companionship his child could give him. He has lost a part of himself, and it leaves an empty space in his life.

Rick grew up thinking that girls were like toys, playthings for men. He was strong and good-looking. He had no trouble getting girls to go with him.

When Rick was twenty he met Angela. They started living together. After a year they had a baby, a little boy. Rick began drinking heavily and he and Angela fought a lot.

Finally Angela took the little boy and left. Rick ended up in jail. Rick said to a counsellor who visited him, "Why did I ruin my life like I have? I feel like a nothing with no future. I just want to have my little boy with me. There are so many things I'd like to teach him. It takes away my feeling of being a man when I can't have my son."

Victor grew up in a non-Christian home. He never heard about salvation in Jesus Christ or about following God's commands for living a good life.

He lived a wild life in his youth. He had sex with many girls and lived with three different ones before he settled down and married Sara. Three years after their wedding, Victor and Sara met some friends who shared the gospel of Jesus Christ with them. Victor and Sara accepted Jesus and their lives changed for the better.

However, Victor still had trouble with memories of his experiences with other girls. These memories often filled his private thoughts. Sometimes they came between him and Sara and hurt their intimate relationship, causing much unhappiness in their marriage.

Finally, with the help of his pastor and a Christian counsellor, Victor was able to get these memories out in the open. He was able to talk about them and commit them to God in prayer. Victor was healed of the pain of these memories when he was able to give them to God.



### God's Will Blocked

People may get a little fun from sex before marriage. They may have a quick thrill and get some popularity for a short while. But what then? What is the bad news about sex before marriage?

Sexual activity before marriage can reduce the chances of knowing real love. A young man who sleeps with a lot of young women leaves a part of himself with each one. "Do you not know that he who is joined to a harlot is one body with her?" 1 Corinthians 6:16 says. It becomes increasingly hard for this young man to give himself to one woman for a lifetime relationship. Many old memories and old associations get in the way of real oneness and total commitment.

The first sexual intercourse is very special and is looked back on with fond memories. God wants each committed married couple to have that special moment to remember for life.

**2. Guilt and Damaged Faith.** God has given each person a conscience. You have to live with it all your life. To have a strong faith, a clear conscience is needed. When you sin against your conscience, you damage your faith. God's Word says, "...Fight the good fight, holding on to faith and a good conscience. Some have rejected these and so have shipwrecked their faith" (1 Timothy 1:18b-19 NIV).



Sex before marriage may have a few quick thrills, but are they worth years of regret? One lady who was involved in sex before marriage wrote the following: "When I was young, I fell into sin that has hurt my marriage for the whole thirty-five years I have been married. My secret sins were committed in my teen years. I have cried and cried to God."

This lady will have regrets as long as she lives.

**3. Under the Judgment of God.** God says that sleeping together before marriage is wrong. No one can change God's words. A sexual relationship outside of marriage is sin. The Bible calls this kind of sin *fornication*. It is one of the most damaging kinds of sins. Sex sins affect the body and emotions in ways that are stronger than any other kind of sin.

When God says, "Flee from sexual immorality," He means to run far away. God also says, "For this is the will of God, your sanctification, that you should abstain from sexual immorality" (1 Thessalonians 4:3). Some girls think that as long as they don't get pregnant it is all right to sleep with boys. If they take a "pill" or use other forms of contraception to keep from having a baby, then nothing is wrong.

Other girls even seem glad when they get pregnant outside of marriage. But these good feelings do not make a wrong right. The Bible says, "Marriage is honourable among all, and the bed undefiled; but fornicators and adulterers God will judge" (Hebrews 13:4). People who sleep around just for the kicks they get from it will be judged by God. It is a very serious sin in God's sight.

**4. Health Problems.** Young people sometimes joke about sexually transmitted diseases. But this is no joking matter! STD's can cause physical and emotional misery, permanent sterility (when you can't ever have a baby), and even death.

STD's are not the only health problems. It has been shown that the earlier in life a girl begins sexual activity, the greater her chances of getting cervical cancer or becoming sterile.

Many young people believe they can protect themselves from such health problems by using a condom regularly. The truth is that condoms have a high failure rate, even if used properly. At one convention, 800 doctors were asked

if they would trust a condom to protect them in having sex with an HIV-infected person. Not one raised his hand. They knew that many disease germs are small enough to go right through a condom.

Many young people have also been told that a medical abortion is a safe and painless way to end an unwanted pregnancy. The truth is that abortion can be a dangerous medical procedure leading to serious physical complications. It can also result in sterility. It also takes a heavy toll on the emotions. Abortion clinics may not tell their patients the truth about these risks.

**5. Hopes for a Happy Marriage Ruined.** Sometimes a boy will say, "If you get pregnant, we can always get married."

That might happen. But getting married is serious. Many young people are not ready for marriage. Marriage is not all moonlight, romance and roses. It is daylight, diapers and dishes. It is not all fun and thrills. It is work and bills.

Often two young people will say, "We're engaged. We're going to get married soon. It is all right to sleep together." But being engaged is different from being married. Engagements can be broken. Until a couple is actually married, it is not right to have sex. Engagement is not marriage.

Many young women have sexual relations, thinking that they will get married soon. Then the relationship breaks up. That leaves the young woman with this question: "Can a man tell if a woman is not a virgin? I slept with a man I thought was going to marry me. Now we have broken up. I'm worried now that the man I marry will know that I did not save myself for him."



If a couple breaks up, having had sexual experiences will make it all the more painful. How will they feel later on if they get married to someone they really love? They will be very sorry that they did not keep themselves pure for that special person. Also, when hard times come during marriage, they may think of a sexual experience that they had with another partner, especially if that experience was pleasant. Then they are tempted to think, "Maybe it would have been better to have married the other partner instead."

**6. Disappointment.** Do young people find sexual activity as exciting as they thought it would be? The answer is often no.

Sexual intercourse can be a great thrill. But outside of marriage, it is often disappointing. A study was made of women who had sexual experiences before marriage. A large number of women were asked, "Did you find the sex experience pleasurable, disappointing or unpleasant?" Only

twenty percent said that the sexual experience was pleasant. About fifty percent said that it was disappointing. The other thirty percent said it was unpleasant or frightening.

**7. Desperate Decisions.** Young people who try sexual intercourse before marriage should ask themselves this: "What will we do if a baby comes?"

It is not just the girls who sleep around a lot who get pregnant. Sometimes the "good" girls get pregnant too. Often, after a girl is pregnant, it does not work out for her to get married. That leaves her with two choices, to have an abortion (kill her unborn child) or to have the baby out of wedlock.

If you are a young person facing this decision, you should think about the benefits of carrying your pregnancy to term. If you cannot care for your baby, you should know that there are many childless couples who are looking for babies to adopt. This is not an easy decision to make, but it is better than killing your baby. Many adopted children, after they are grown, want to meet their birth parents. This may be an opportunity for you to re-connect with your child and experience emotional healing.

Here is truth. As a young person, you are worth something to yourself, to the world and most of all to God. If you believe this, you will care about building a beautiful, enjoyable future. You will wait for God's best. You will wait to enjoy a sexual relationship until you are married. Your marriage to your loved one, who thinks you are worth enough to wait for until marriage, will be a source of life-long joy.



Tina was seventeen. She was the youngest in her family and lived at Willow River with her widowed mother. Her older brothers and sisters were married and lived in homes of their own. Tina had had different boyfriends. Now she was pregnant. Her last boyfriend, the father of her expected baby, had broken up with her and was living with another girl. Tina was afraid to tell her mother about the baby. But when she finally did, her mother did not get very upset. Instead, she said, "It won't be so bad. Actually it might be nice to have a baby around. I won't be so lonely and it will give me something to do."

Jack's parents wanted their son to live for the Lord as he grew up. Jack accepted the Lord when he was young. His parents taught him carefully what God wanted in his life as he went through his early teen years. One day the boy's health class at Jack's high school was discussing sexuality and sexually transmitted diseases. The teacher asked the boys, "How many of you are virgins?" Nobody put up his hand until Jack put his up. There was a nervous laugh among the students. Then the teacher asked Jack why he thought it was so important to remain a virgin. Jack was scared, but he knew the Lord wanted him to stand up for what was right. Jack said, "I believe that God wants me to remain a virgin until I'm married. Sexuality is a very important gift which has been given to me. I want to save the best for the girl I will marry." After class, the teacher came to Jack and said, "I appreciate what you did. I'm not a Christian, and I lived a pretty wild life when I was young. But I wish now that I could look back and say I had lived the way you live. I admire you for your stand."

#### IV. God Wants Only the Best for You

Is God being an "old meany" by saying 'No' to sexual activity before marriage? Does God not want young people to enjoy their sexuality?

God is not against sexuality. After all, it was God's idea in the first place. God made man and woman that way. He made people with the desire and the ability to enjoy sexual relationships.

But God wants people to get the most enjoyment out of their sexuality for the longest period of time. This can happen only inside the safeguard of marriage. God has reserved sexual intercourse for marriage.

Outside of marriage, there is no commitment in sexual intercourse. It becomes a selfish thing, full of fear and greed. There is no such thing as "free love." This kind of love soon becomes slavery to fear and selfishness.

True love is a precious gift that can be given only to someone who will treasure it as being beyond price. True love brings true freedom, freedom from any nagging guilt or conscience, freedom from fear and freedom to give one's self to the other.

**An Additional Note**

The authors of this booklet acknowledge that many sexually active young people have been over-exposed to sexual experiences at an early age. This exposure may have come through incest, rape or less severe forms of abuse such as pornography or the media. These experiences have changed the way these young people think about their sexuality and have made them more inclined to consent to sexual activity.

For victims of childhood sexual abuse, we recommend the following resources, available from the publisher of this booklet.

*When Trust is Lost* by Dan Allender. Pocket-size booklet, free while supplies last. Optional worksheets available, \$2.00.

*Mom, He Touched Me* by Winona Little Bear. One child's view of sexual abuse. Booklet, \$2.25.

*Hope for the Hurting* by Cree author Howard Jolly. How to become a victor instead of a victim. 45 pages. \$3.95.

*Beauty for Ashes* by John Coblenz. Biblical help for the sexually abused. 81 pages. About \$7.00

*A Door of Hope* by Jan Frank. A remarkable story of healing and inspiration. Book about \$13.50.

*The Wounded Heart* by Dan Allender. A classic work on childhood sexual abuse. Text and workbook, each about \$18.00.

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